

"BURY YOUR ORDINARY" 90-DAY CHALLENGE

In last year's "Bury Your Ordinary" sermon series, we put into practice seven spiritual habits to discover a deeper love for God and for each other. Experts say it takes 90 days to turn a new habit into a changed lifestyle. Even better if you do it in community!

So, here is your challenge: do the one thing each day from the list below for 90 days and see how God transforms your life!

HABIT 1: Spend the first hour of your morning alone with God.

Day 1: Begin today with five minutes of silence to quiet your soul and give God your undivided attention. Use a timer if that helps.

Day 2: Complete Day 1 of the seven-day *Bury Your Ordinary* devotional on the YouVersion Bible app.

Day 3: Write a one-month Bible reading plan using the SOW method on pages 72 – 74 of *Bury Your Ordinary*.

Day 4: Memorize Jeremiah 29:13.

Day 5: Search biblegateway.com for five verses with the word "holy" and write down your insights as you read each verse.

Day 6: Review the DIG method of prayer on pages 74 – 76 of *Bury Your Ordinary* and create a one-week schedule to rotate through these ways of praying.

Day 7: Ask a friend what their favorite worship song is and then listen to it during your time with God. Write down what stands out to you.

HABIT 2: Share your faith every week.

Day 8: Complete Day 2 of the *Bury Your Ordinary* devotional.

Day 9: Write down in a journal how your relationship with Jesus has changed your life.

Day 10: List five people who are far from God and pray for their salvation.

Day 11: Reach out to one person on your list and initiate a spiritual conversation.

Day 12: Invite a friend to attend church with you.

Day 13: Read the Gospel Coalition article "6 Principles for Sharing Your Testimony," <https://bit.ly/sharingyourtestimony>.

Day 14: Ask someone you see today if there's anything they need prayer for and then pray with them.

HABIT 3: Obey the daily promptings of the Holy Spirit.

Day 15: Complete Day 3 of the *Bury Your Ordinary* devotional.

Day 16: Spend the first five minutes of your time with God in silence and record your impressions.

Day 17: Study Colossians 1:21-23 and pray to be free from any roadblocks keeping you from hearing God's voice.

Day 18: Pray and ask God to speak to you specifically throughout your day today and commit to act on any promptings.

Day 19: Pray with a friend and ask God to reveal a specific impression from his Spirit. Share your impression with each other.

Day 20: Consider a decision you need to make and run it through the four tests to discern God's will described on pages 111 – 112 in *Bury Your Ordinary*.

Day 21: Invite a group of friends to get together and share what each has been hearing from God.

HABIT 4: Live within the accountability of biblical sexual boundaries.

Day 22: Complete Day 4 of the *Bury Your Ordinary* devotional.

Day 23: Memorize 1 Corinthians 10:13.

Day 24: Invite a mature follower of Jesus of the same gender to help you with consistent accountability.

Day 25: Consider a temptation you face and write out a future picture of what will result if you follow through on sexual temptation.

Day 26: Read Romans 6:6-11 and allow these truths to reshape how you see yourself.

Day 27: Make a list of useful activities you can do to displace temptation.

Day 28: Fast from all electronics (phone, TV, computer) for a 24-hour period and use this time to ask God to reveal what changes you need to make to live within biblical sexual boundaries.

HABIT 5: Structure your life around priority, percentage, and progressive giving.

Day 29: Complete Day 5 of the *Bury Your Ordinary* devotional.

Day 30: Memorize Proverbs 3:5-6 and consider what it means to trust God with all your heart, specifically in the area of money.

Day 31: Review your finances and determine the percentage of your gross income that you give away monthly to the work of God.

Day 32: Commit to tithing (giving 10% of your income) for one month.

Day 33: To find out where your money is going every month, track ALL of your spending for 30 days.

Day 34: Identify an expense you can give up for one month and contribute that money to the work of God.

Day 35: Read 2 Corinthians 9:6-7 and pray to grow in the area of generosity.

HABIT 6: Practice living by grace through a weekly Sabbath routine.

Day 36: Designate a 24-hour period this week that will serve as Sabbath time.

Day 37: Complete Day 6 of the *Bury Your Ordinary* devotional.

Day 38: Memorize Matthew 11:28-30, God's invitation to a different way of life.

Day 39: Write down your Sabbath day plan to pause, pray, and play as described in pages 184 – 186 of *Bury Your Ordinary*.

Day 40: Read the article "Interview with Ruth Haley Barton Regarding Sacred Rhythms" at <https://bit.ly/sabbathsacredrhythms>.

Day 41: Read Psalm 42:4-8 and incorporate this type of "self-talk" about God's unfailing character into your prayer time.

Day 42: Write down in a journal the impact of your Sabbath.

HABIT 7: Build an intentional circle of discipleship.

Day 43: Complete Day 7 of the *Bury Your Ordinary* devotional.

Day 44: Memorize John 13:34 and consider what it means to love others as Christ has loved you.

Day 45: Read Matthew 28:18-20 and think of one person to invest in to help with their spiritual growth.

Day 46: Invite two or three people of the same gender to start a CORE group.

Day 47: Visit <https://voxchurch.org/core> to register your group and receive the curriculum.

Day 48: Make a plan to gather with your group and set a regular time to meet.

Day 49: Volunteer to serve your community through a Vox Church Outreach project.

HABIT 1: Spend the first hour of your morning alone with God.

Day 50: Complete the three-day *Bury Your Ordinary* Habit One devotional on the YouVersion Bible app.

Day 51: Incorporate Godly confession in your prayer time by confessing any known sin followed by receiving God's complete forgiveness.

Day 52: Read Psalm 51:10-12 in four different Bible translations and write down how they're different.

Day 53: Research three countries where it is dangerous to follow Jesus and pray for protection over those who are persecuted.

Day 54: Download "One Thing" from the Resources page on voxchurch.org and meditate on the nature of God and who you are in Christ.

Day 55: End your day today with a prayer of examen by reflecting, "When did I love well today? When did I not love well today?" Pray for your heart to be filled with the love of God.

HABIT 2: Share your faith every week.

Day 56: Complete the three-day *Bury Your Ordinary* Habit Two devotional.

Day 57: Set a reminder on your phone to stop three times today and pray for someone who is far from God.

Day 58: Ask a mature Christian about a time they shared their faith and how it went.

Day 59: Pray and ask God to give you an opening to share your faith with someone today.

Day 60: Host a "Matthew Party" inspired by Matthew 9:9-13 where Christians and not-yet Christians can have dinner, play games, or watch sports and have meaningful conversations.

Day 61: Share a favorite sermon with someone on your prayer list and follow up to see what they thought about it.

HABIT 3: Obey the daily promptings of the Holy Spirit.

Day 62: Complete the three-day *Bury Your Ordinary* Habit Three devotional.

Day 63: Reflect on 1 Corinthians 2:10-16 and how God communicates with us through his Spirit that is inside us.

Day 64: After spending a concentrated time listening for God, take a break with a mindless activity like housework or going for a walk. A divine thought or feeling may pop into your mind!

Day 65: Watch "What Is the Purpose of Fasting?" by John Piper at <https://bit.ly/purposeoffasting>.

Day 66: Fast for one day and use mealtime to spend time with God.

Day 67: Actively expect God to speak to you today. Look for the people God is highlighting to you wherever you go. Take a risk and obey his promptings.

HABIT 4: Live within the accountability of biblical sexual boundaries.

Day 68: Complete the three-day *Bury Your Ordinary* Habit Four devotional.

Day 69: Read "Thirteen Practical Steps to Kill Sin" by John Piper at <https://bit.ly/13stepstokillsin>.

Day 70: Identify any triggers for your sin struggle and commit to avoid them.

Day 71: Watch Justin Kendrick's sermon "Your Greatest Were," <https://bit.ly/yourgreatestwere>.

Day 72: Memorize 1 John 1:9. Confess all known sin and ask God for forgiveness.

Day 73: Connect with your accountability partner and ask for prayer for any temptations you are struggling with.

HABIT 5: Structure your life around priority, percentage, and progressive giving.

Day 74: Complete the three-day *Bury Your Ordinary* Habit Five devotional.

Day 75: Create a budget.

Day 76: Research a charity supported by Vox Church and pray for the staff and the people they serve.

Day 77: Watch Justin Kendrick's sermon "The Sacrificial Church," <https://bit.ly/sacrificialchurch>.

Day 78: Take inventory of things you have that you could loan out to someone, such as tools, equipment, clothes, and vehicles, and look for ways to offer what you have.

Day 79: Carry cash that you intend to give away and look for ways throughout the day to be generous.

HABIT 6: Practice living by grace through a weekly Sabbath routine.

Day 80: Complete the three-day *Bury Your Ordinary* Habit Six devotional.

Day 81: Watch Justin Kendrick's sermon "Finding the Rest," <https://bit.ly/findingtherest>.

Day 82: Choose a book to read only on your Sabbath, such as J.I. Packer's *Knowing God* or Francis Chan's *Crazy Love*.

Day 83: Start a gratitude journal by writing down three things you're grateful for every day for a week.

Day 84: Set a timer for four minutes and remain completely silent for the entire time. Write down what was challenging about the exercise. What did you feel God saying to you?

Day 85: Incorporate communion into your Sabbath by reading Matthew 26 and taking the bread and juice in remembrance of Jesus.

HABIT 7: Build an intentional circle of discipleship.

Day 86: Complete the three-day *Bury Your Ordinary* Habit Seven devotional.

Day 87: Read the Desiring God article "What is a Missional Community?" <https://bit.ly/whatismissionalcommunity>.

Day 88: Read 1 Corinthians 13:4-7 and write down what is most challenging about this description of love for you.

Day 89: Join a team at church such as a Servant Team, Production, Worship, VoxKids, or VoxYouth.

Day 90: Talk to your campus pastor about participating in a Leader's Circle.